

Updated August 18, 2021



South Orlando Soccer Club (SOSC)  
COVID 19 Safety Protocols

**In order for players to participate in play during the 2021-22 season, parents are REQUIRED to sign and turn in both SOSC's and FYSA's "COMMUNICABLE DISEASE RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT"**

If you have questions, concerns or need to report a COVID-19 case, please contact Tara Early at [president@southorlandosoccer.com](mailto:president@southorlandosoccer.com) or Noelle Goulart at [secretary@southorlandosoccer.com](mailto:secretary@southorlandosoccer.com)

### **Basic Precautions and Recommendations for Play:**

***If a player/coach thinks they are sick, stay home!*** Specifically: symptoms of acute respiratory disease (i.e. cough, sore throat, shortness of breath), fever, sudden loss of smell or taste, OR been diagnosed with COVID-19 (which would follow state-mandated quarantine requirements). If a coach, administrator, or official has a concern about a player's health, they have the ability to send the player home.

Players should bring their own equipment (ball, hand sanitizer, water bottle, training vest(s), towels, etc.) such that no equipment is shared between players. Players and coaches may make contact with another individual's soccer ball with their feet but should not contact it with their hands.

Players should avoid physical contact outside of game or practice play with each other, including celebrations, handshakes, high-fives, etc.

Parents and spectators must follow recommended government and park social distancing guidelines. If parents wish to watch practice, they must maintain adequate social distance at all times and must be far enough away from other parents, so they are not counted as part of a gathering. Our parks may set the parameters for these protocols, including requiring parents to remain in their vehicles during practices, and may change without prior notice.

Each coach and player should have their own hand sanitizer. Players and coaches should disinfect their hands prior to and immediately after every group session and after any contact with a shared surface.

Coaches should not penalize players who miss trainings or games due to exhibiting COVID-19 symptoms or have had COVID-19 exposure and should encourage the player to stay home until healthy or until tested. No member should be penalized or otherwise pressured should they choose to not participate under these guidelines.

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**Symptoms of COVID-19 Infection:**

The most common symptoms associated with infection include:

Fever (  $\geq 100.4$  degrees F)

Cough

Shortness of breath

Less common symptoms that may still be evidence of COVID-19 infection include:

Sore throat

Congestion

Nausea and vomiting

Diarrhea

Headache

Muscle / joint pain

Sudden loss of taste or smell

Chills

**REQUIRED COVID-19 PROTOCOLS:**

SOSC will not require any player to provide COVID-19 test results, but the player will be required to quarantine the full 10 days from exposure without evidence of a negative test as set forth below.

SOSC will not differentiate these protocols based on vaccinated status of the player or staff member.

**Suspected or Diagnosed Case of COVID-19**

If a player or staff member thinks they have been exposed to COVID-19 as defined below, they should be tested for COVID-19 and restricted from participation until they get their test results. This includes when a player has been quarantined from school due to exposure.

If the player or staff tests negative for COVID-19 and does not have signs or symptoms, they may return to participation and continue 14-day self-observation and appropriate masking and social distancing protocols from date of exposure.

SOSC requests families that have a suspected or diagnosed case of COVID-19 to treat other SOSC family members as a suspected or diagnosed case of COVID-19 as set forth herein.

**If a player or staff tests positive for COVID-19, they must immediately notify the Club as outlined in this document so the proper notifications to teammates and staff can occur. Due to confidentiality laws, the identity of the player will not be released. We ask any additional family members quarantine 10 days during this time.**

Exposure means any one of the following:

- *Caring for a sick person with a suspected or confirmed COVID-19 infection.*
- *Living in the same household as an individual with a suspected or confirmed COVID-19 infection.*
- *Being within 6 feet of an individual with a suspected or confirmed COVID-19 infection for a cumulative amount of 15 minutes or more.*
- *In a school setting, being identified as having exposure requiring quarantine*

**Symptomatic player/staff with suspected or confirmed COVID-19 infection:**

**Cannot attend club events until:**

At least 3 days (72 hours) have passed since resolution of fever (defined as  $\geq 100.4$  degrees F) without the use of fever-reducing medications **AND** at least 10 days have passed since symptoms first appeared or a negative test whichever is later.

We recommend other SOSC family members living in the same household not attend club events during this time.

We urge parents to keep their child home if they are not feeling well past these recommendations and seek the advice of a physician before returning to play.

**Asymptomatic Player/staff with laboratory-confirmed COVID-19:**

**Cannot attend club events until:**

10 days after testing positive assuming no symptoms since that time. If symptoms develop symptoms, then management should be guided as above for symptomatic individuals.

We recommend other SOSC family members living in the same household not attend club events during this time.

**Notification in event of positive COVID-19 result:**

In the event a player tests positive, they must immediately report the positive to the Club. Please contact Tara Early at [president@southorlandosoccer.com](mailto:president@southorlandosoccer.com) and/or Noelle Goulart at [secretary@southorlandosoccer.com](mailto:secretary@southorlandosoccer.com)

If the player attended any team activity or training within 3 days of the positive result, all members and staff of that team must obtain a negative COVID-19 test before returning to play. If another player has a positive result, the entire team is prohibited from training or games for ten (10) days regardless of their test result. Positive players must follow

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the protocols set forth above.

Please note Florida Youth Soccer Association (FYSA) requires a separate protocol and quarantine time for certain FYSA sanctioned events, including, but not limited to Sunshine Conference and FSPL. FYSA's protocol may be found here:

[https://www.fysa.com/assets/56/6/2122-covid-19\\_positive\\_test\\_result\\_policy.pdf](https://www.fysa.com/assets/56/6/2122-covid-19_positive_test_result_policy.pdf)

PLEASE NOTE THESE POLICIES MAY CHANGE AT ANY TIME BASED ON FEDERAL, STATE, LOCAL AND YOUTH ORGANIZATION POLICY CHANGES.